

## **2.015 Student Health/Administration of Medication**

The Ascend Leadership Academy Board of Directors discourages the use and administration of medication at school but realizes it may be sometimes necessary for the health of the student. All medications and medical procedures, which may be taken or given outside school hours without adversely affecting the health of the student, should not be administered at school during school hours. The parent or guardian should make reasonable efforts to obtain permission from the child's health care provider to adjust the dosages of prescribed medication so such may be provided at home before and/or after school hours.

In accordance with GS 115C-375.1, the Ascend Leadership Academy Board of Directors authorizes school personnel to administer prescription and over-the-counter medications upon receipt of the written authorization of the health care provider and the written authorization of the student's parents or guardian. With prescription medications, possession of the original prescription container with the appropriate name and dosage information shall be deemed to be written authorization of the health care provider.

*The responsibilities of the parent or guardian are to:*

- a. Provide the school with each different medication in a separate appropriately labeled container:
- b. Prescription Medication shall be placed in a prescription container indicating the child's name, the name of the medication, the unit of dosage to be given, the number of dosage units, the time the medication is to be given, and how it is to be administered. It is recommended the parent ask the pharmacist to provide two properly labeled containers - one for home and one for school.
- c. Over the Counter Medication shall be placed in the original container that includes the manufacturer's recommendations and labeled with the student's name.
- d. Provide to the school the "Medication Permission Form" and ensure the form is completed, signed by the health care provider and parent/guardian, and returned to the school. The health care provider may use another format (letter, computer printout, etc.) to authorize the administration of medication as long as all information requested in the Medication Permission Form is provided.
- e. Provide new containers with appropriate labeling each time the child's medication changes, and to remove from the school grounds any medications discontinued by the child's health care professional.
- f. Remove all medications from school premises at the end of each school year. If not removed, the school will dispose of all medications in its possession on the last school workday at the end of the school year for students.
- g. Parents/guardians are encouraged to bring medications directly to the school office and avoid sending the medications to school via the student.

- h. The authorization for administration of medication will be valid for the current school year or the ending date listed on the medication form.
- i. No medication (either prescription or nonprescription) will be administered by school personnel without written order from the health care provider and the signed consent of the parent/guardian.
- j. If the completed form is not received and it is necessary for the medication to be given, the parent may come to the school and administer the medication.
- k. A secure (locked) storage area will be provided at each school for storage of medication. A staff member appointed by the Managing Director shall be responsible for this security and administration of medication. An alternate person shall be identified to fill in when needed.
- l. The designated individual for each student receiving medication and/or procedure shall maintain a daily medication/procedure log. The individual shall record on the log the name of the medication, date, dosage, and time of each administration or date and time of a procedure.
- m. Students will not be allowed to self-administer medication except as stated in NC law for Diabetes, Asthma, and Anaphylaxis.
- n. Ascend Leadership Academy discourages students from bringing prescription and over-the-counter medications to school and administering such to themselves without the assistance of school officials. Students will not be allowed to possess or to self-administer prescription medications, other than asthma medications, diabetic medications, and/or medications for the treatment of anaphylactic reaction, except in cases of extreme health conditions properly documented in an individual health care plan developed by the student's health care provider. The Ascend Leadership Academy Board of Directors and its employees are not responsible for the improper self-administration of over-the-counter or prescription drugs at school by students. The unauthorized possession or use of any medication during the school day is not allowed and in violation of the Ascend Leadership Academy Drug Policy.

### **School Wellness**

Building nutrition knowledge and skills help children make healthy eating and physical activity choices. To make a difference, nutrition education for children should be appropriate for the students' age, reflect their cultures, and provide opportunities for them to practice nutrition skills in a positive environment.

### **Physical Activity**

Physical activity is critical to a child's healthy weight and healthy lifestyle, as well as to his/her ability to focus in the classroom. To ensure that all children are staying active, physical activity needs to be incorporated into the daily school curriculum and prioritized as essential to each child's social and academic achievement.

Structured/unstructured recess and other physical activity (such as, but not limited to, physical activity time, physical education or intramurals) will be scheduled daily and shall not be taken

away from students as a form of punishment or for any unapproved reason. In addition, severe and/or inappropriate exercise may not be used as a form of punishment for students.